

## Exercise: Rules of engagement

### **Application:**

This exercise can be used to build a set of rules for how we engage in conflict with each other. It can be used when facilitating the Patrick Lencioni's model "The Five Behaviors of a Cohesive Team".

### **Step by step:**

Place all the cards word-side up on a table. Together the group/team now select 5 words describing acceptable conflict behavior and 5 words describing unacceptable conflict behavior.

The words can be twisted or made into negations, eg. friendly could be made into unfriendly.

Define each word and write them down on a piece of paper, to come to ensure ownership and create commitment.

### **Additional twist:**

The exercise can also be used afterwards as an exercise of reflection to determine how well the participants were at discussing/debating/conflicting in a constructive way regarding the choice of words.

dialogue